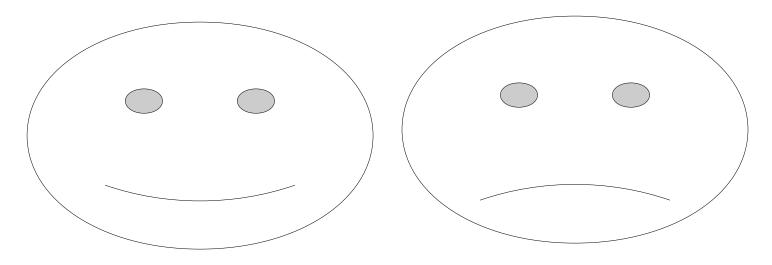
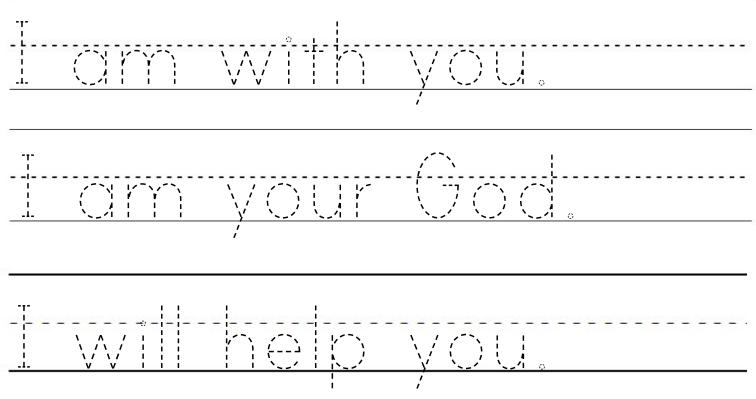
## Do Not Be Afraid

Right now there is a virus called Covid19, and to keep from catching it a lot of people must stay home for awhile. How does this make you feel? Color in the picture.

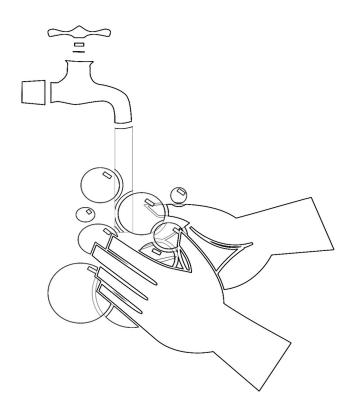


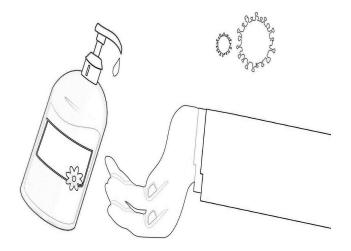
It is ok to feel sad, scared, or unhappy, it is even ok to feel "ok"! Do you remember that Jehovah told his people to not be afraid? Read Isaiah 41:10 and then trace the words Jehovah said.



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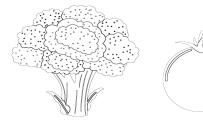
So we know Jehovah will always be with us, and will always help us to endure. What can you and your family do to help keep you healthy?





**Use hand sanitizer** 

## Wash your hands



Eat healthy



## **Stay home**

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When we are all in the paradise we will not have to worry about sickness anymore. Read Isaiah 33:24, and then draw a picture of you and your family in the paradise.